

## Almar Giardino di Costanza Resort & SPA Factsheet

Status, November 2023

<p><b>The resort</b></p>	<p>Opened in 2022 following a major renovation plan, Almar Giardino di Costanza Resort &amp; Spa is a reminiscent of an ancient Sicilian stately home surrounded by lush greenery, including centuries-old olive trees, tall, big palm trees and impressive fountains covered with tiles finely decorated with Sicilian patterns.</p> <p>Its name is a tribute to Costanza d'Altavilla, mother of Emperor Frederick II, protagonist of the Arab-Norman era.</p> <p>Service and attention to detail make the Resort an icon of luxury accommodation on the western Sicilian coast.</p>
<p><b>Junior Suites and Suites</b></p>	<p>Almar Giardino di Costanza Resort &amp; Spa has 88 rooms, either junior suites or suites, all with private balconies or terraces.</p> <p>Furnishings are refined and elegant, meticulously appointed, in delicate shades of pearl white and cashmere gray.</p> <p>The high semi-vaulted ceilings with touches of Baroque plaster in the decorations emphasize the Island's elegant and authentic style.</p>
<p><b>- Suites</b></p> <ul style="list-style-type: none"> <li>- Suite dei limoni (145 sqm, 2 bathrooms)</li> <li>- Superior Suite Pool view (81 sqm, 2 bathrooms)</li> <li>- Suite Pool view (67 sqm, 2 bathrooms)</li> <li>- Suite Garden view (63 sqm, 1 bathroom)</li> </ul> <p><b>- Junior Suites</b></p> <ul style="list-style-type: none"> <li>4 - Junior Suite</li> </ul>	<p>The Suites are characterized by their large dimensions and large French windows that give brightness, warmth and color to all rooms. The design recalls the ancient Sicilian residences, albeit revised with attention to current needs. Hand-made ornamental decorations, soft colors and precious wood furnishings help to create an unmistakable style; a perfect union between custom-made contemporary furnishings and refined materials such as velvet, alcantara, marble and ceramics.</p> <p>All Suites feature a bright and spacious sleeping area with a plush king size bed, traditional headboards and large rugs; a sunny living room, furnished with spacious sofas and enveloping armchairs, and elegant marble bathrooms. Some have balconies, others terraces overlooking the internal courtyard, the outdoor swimming pool and the adjacent three-level fountain.</p> <p>Spaciousness, high ceilings, luminosity and heritage are the main features of the Junior Suites. Some have a balcony offering panoramic views of the internal courtyard, the outdoor swimming</p>

<p>(48 mq.) 2 - Junior Suite Pool view (48 mq) 3 - Junior Suite Garden view (48 mq) 1 - Superior Junior Suite Pool view (48mq)</p>	<p>pool and the adjacent three-level fountain, or the white and purple Agapanthus flowerbeds or the expanses of olive groves. Others, on the other hand, open up on the Ravanea palms of Madagascar and the prestigious Dracea dragon plants. The climax is reached with the Superior Junior Suite: its terrace offers a perfect panorama of orchards, rose gardens and the water features of the fountain below.</p> <p>The essence of the contemporary and elegant style of the Junior Suites is defined by delicate shades of pearl white and cashmere gray on the walls, the comfortable king size beds embellished with wrought iron headboards and damask fabrics, with hand-decorated wooden headboards or with majolica rosettes.</p>
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<p><b>Restaurants and Bars</b></p> <p>Elegance, excellent cuisine and wine cellar, impeccable service characterize the culinary offer of Almar Giardino di Costanza Resort &amp; Spa.</p>	
<p><b>- AquaMadre Restaurant</b></p>	<p>The name takes inspiration from a particular element, the <b>Acqua Madre</b>, which forms during the salt formation process and is deposited at the bottom of the salt pans, one of the best known symbols of the area surrounding Mazara.</p> <p>The <b>Salt</b>, extracted from the salt pans of the Sicilian south-west coast, is one of the ingredients that characterize the cuisine of AquaMadre Restaurant. The selection of 10 types of traditional and artisanal flavored salts used for the preparation of the various dishes comes from the ancient <b>Culcasi di Nubia salt pan</b>, a Slow Food presidium and the only salt pan in Western Sicily where, for over 100 years, salt has been manually harvested once a year.</p> <p>AquaMadre Restaurant offers a wide selection of traditional dishes that retrace the typically Sicilian flavors, using only the best local raw materials. <b>Artichokes</b> are just an example: grown near the cliff, they absorb all the properties of sea water and take on a particular and unusual marine and algae flavour.</p> <p>Also noteworthy are the <b>red and pink prawns of Mazara del Vallo</b>, the <b>blood oranges</b> and the traditional <b>wild fennel</b> which aromatises and gives dishes an unmistakable flavor.</p>
<p><b>- Turchinu Lounge &amp; Terrace</b></p>	<p>In Sicilian dialect "<b>Turchinu</b>" indicates the turquoise color, i.e. the intense blue-green of Western Sicily's typical marine scenery. And Turchinu are in fact the shades of the decorations of the most important lounge of the Resort.</p> <p>A panoramic terrace extends outside the bar and dominates the internal courtyard of the Resort. Made of majolica, it recalls the famous terrace described in the novel "Il Gattopardo" (The Leopard) by G. Tomasi di Lampedusa.</p>

	<p>The offer of the Turchinu Lounge &amp; Terrace includes drinks, cocktails and snacks, many of which are inspired by the tasty local cuisine, such as the 'Sicilian style' beef burger served with vegetable charcoal bread, Nebrodi bacon, Caciocavallo Ragusano cheese and local 'pizzutello' tomatoes.</p>
<p><b>- Citrus Pool Bar</b></p>	<p>The location is surrounded by lush palm trees, "banana trees" in bloom typical of the Sicilian West coast and an amazing flowering vegetation.</p> <p>Located by the outdoor pool, at the Citrus Pool Bar Guests can savor refreshing summer drinks while comfortably lying on the oversize beds around the pool, or under the bamboo pergola furnished with typical tables covered with handcrafted majolica tiles depicting Sicilian citrus fruits, or directly in the water, sitting on blue majolica stools.</p> <p>The offer includes snacks, pizzas inspired by the local tradition, typical fried foods such as panelle, arancinette with ragu, mozzarella panserotti, battered onion rings with Aioli sauce, and sweets, including, inevitably, citrus granitis.</p>

<p><b>Outdoor pool</b></p>	<p>The internal courtyard of the Resort features a large mosaic tile swimming pool, surrounded by oversized sunbeds, umbrellas and side tables.</p>
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<p><b>ALMABLU Wellness &amp; Spa</b></p>	<p>The new wellness oasis of Almablu Wellness &amp; SPA focuses on two thematic areas characterized by typical elements of the dominations that took place on this land over the centuries: the Roman, the Arab and finally the Norman. Each of these dominations has profoundly influenced the Sicilian culture and tradition.</p>
<p><b>- Humid area</b></p>	<p>The first thematic area opens with the <b>hammam</b>. Inspired by the Arab-Roman tradition, the route begins with crossing a crystalline mirror of water that surrounds the tropical plants placed in the center of the entrance to the Spa. Right from the start, the Guest is immersed in an atmosphere that recalls the thermal baths of ancient Rome and the its rituals.</p> <p>The itinerary develops through different environments, from the warmest to the hottest:</p> <ul style="list-style-type: none"> <li>- the <b>"Tepidarium"</b> features a luxurious hot water fountain located in the center of the room and by a heated bench set around it. The ambience is surrounded by emotional showers with waterfall effect, rain shower and chromotherapy treatment with scented vapours. The room has a constant temperature of 38-42°C and a humidity rate of 50-80%.</li> </ul>

	<p>- the "<b>Calidarium</b>" is characterized by heated benches in light marble. The warmth of the heated marble gives a sense of relaxation to the whole body, and improves muscles and skin tone. The environment has a constant temperature of 40-45°C and a humidity of 90-95%.</p> <p>- the "<b>Laconicum</b>" is used for sweating baths with dry hot air. It has a constant temperature of 38-42°C and a humidity rate of 50-80%. In addition, it is equipped with a 90 cm high tub containing water at a temperature of 35-38 ° C.</p> <p>The elegantly decorated Arab patio leads to the <b>Turkish salt bath</b>, which uses the famous and typical salt of the ancient Culcasi salt pan in Nubia. With this salt it is also possible to increase the benefits of the steam bath by doing a full body scrub.</p> <p>The Arab-Roman area also features an elegant <b>Tea Room</b>, where one can relax and sip tea and herbal teas. The perfect conclusion of this first part of the journey.</p> <p>The second thematic area is inspired by the <b>Norman period</b> and is characterized by precious dark woods, a soft atmosphere and geometric architecture. This area also includes different environments at different temperatures.</p> <p>- the "<b>Bio-sauna</b>" has an average temperature between 50-60°C and a humidity rate never exceeding 70%. Essential oils of hay and dried herbs from northern countries are also diffused, which penetrate the epidermis, revitalizing it and stimulating the sense of smell. Thus, while the body relaxes, the mind is freed from stress and worries.</p> <p>- the traditional "<b>Finnish sauna</b>" is a panacea with very ancient origins, whose effectiveness in relieving physical and mental tension is undisputed. The precious dark wood with which the sauna is built releases the scent of nature, a primitive olfactory invitation that stimulates the natural rebalancing of psychophysical conditions. The internal temperature is set between 70° and 100°C and a humidity rate of 80-95%.</p> <p>- the "<b>Ice room</b>" contains the ice cascade and the "<b>plunge</b>", the typical cold water plunge pool which, used after the sauna, helps improve blood circulation, sleep quality and increase energy levels.</p> <p>This area, too, is equipped with a relaxation area, furnished with precious dark wood and comfortable designer loungers: the best way to conclude this suggestive wellness journey</p>
<p><b>Indoor pool</b></p>	<p>The indoor heated pool is connected to the Arab-Roman area and is reminiscent of a typical thermal bath of the ancient Rome.</p> <p>The area is characterized by the imposing marble columns and the hydromassage areas covered with travertine mosaic. From the windows the view opens onto the amphitheater surrounded by 400 white roses. A real invitation to reconnect with nature and with yourself.</p>

<p><b>- Treatment rooms</b></p>	<p>The treatment area features <b>5 treatment rooms</b>.</p> <p>Spa Almablu offers a wide range of body and face treatments inspired by the Traditional Chinese Medicine and aimed at restoring balance and well-being and maintaining a harmonious relationship with everything that surrounds us.</p> <p>The expert hands of Almablu therapists stimulate the flow of Qi - the primal source of vitality according to ancient Chinese medicine - which, via the body's energy meridians, connects the whole body, determining its state of well-being.</p> <p>Specific programs have also been designed (detox, regenerating, strengthening of the immune system, wellness) to offer, through a unique combination of massages, treatments and activities over different days, real paths to reach a deep state of serenity and harmony .</p>
<p><b>- Fitness area</b></p>	<p>The fitness area is equipped with state-of-the-art machinery and is divided into a cardio area and an area dedicated to toning activities and the practice of more relaxing techniques such as pilates, yoga or stretching.</p> <p><i>The Fitness area is open every day from 5:30 a.m. to 08:00 p.m.</i></p>

<p><b>Lido di Costanza</b></p>	<p>The exclusive Lido is located just 15/20 minutes from the Resort; another tribute to Costanza d'Altavilla, mother of Emperor Frederick II.</p>
	<p>It is an authentic, typical Sicilian lido: a charming place to spend the hottest days. Sunbeds and umbrellas are available free of charge for the Guests of the Resort.</p> <p>A bay of fine golden sand reflected in the crystal clear waters of the Mediterranean sea, with different scenarios to be discovered, waiting for one of the most romantic and evocative moments that the Sicilian coast can offer: the sunset.</p> <p>Many activities are available, even for the more adventurous; snorkelling, puddle surfing and canoeing are just some of the sports that can be practiced thanks to the seabed that becomes rocky after the first 5 meters of the shoreline.</p> <p>The Lido is equipped with various catering services. Among the available culinary proposals: local fish to be savored on a panoramic terrace facing the sea with a view of the west coast. Alternatively, a dedicated refreshment corner is open all day serving snacks and drinks.</p> <p>The Guests of the Resort benefit from a 15% discount on all services.</p>

## Leisure time

Almar Giardino di Costanza Resort & Spa is the ideal place for a complete holiday, where Guests can indulge in their hobbies, sports and interests, always having all the most exclusive comforts at their disposal.

An oasis of tranquility and relaxation, Almar Giardino di Costanza Resort is the ideal destination for relaxing holidays, cultural visits or food and wine tours. The resort organizes many activities to experience the area: from fishing trips accompanied by fishermen from Mazara, to wine tasting in the vineyards of the area, olive oil tasting in local companies, tours of the salt pans of Trapani, Marsala and Mozia and excursions in the surrounding area.

Indeed the resort is strategically located, due to its proximity to both the coast of Mazara characterized by a succession of dunes and coves bordered by Mediterranean scrub, and the archaeological sites of **Segesta**, **Selinunte** or **Erice**.

**Mazara del Vallo** itself - also called "Porta all'Oriente" (door to the East) for its Arab-like atmosphere, its view over the Strait of Sicily and its proximity with the African coast, which is only 200 km from there - deserves much more than a visit: noteworthy are its **Cathedral**, the Baroque church of San Francesco, and the famous **Dancing Satyr**, housed in the Museum of Sant'Egidio together with other archaeological finds from the depths of the Sicilian channel. The statue, just over 2 meters tall and weighing 96 kg, was found in the spring of 1998 during a fishing trip in the Sicilian channel. A very rare example of Greek bronze statuary.

Lastly, nestled in the hinterland surrounding Mazara, the **Natural Preserve of Gorgi Tondi** is an uncontaminated, evocative habitat and symbol of the most authentic Sicily. It is a natural oasis managed and protected by the WWF, dotted with 4 small freshwater lakes, and is home to various protected species of plants and animals. In addition to the various nature trails that stretch across it, the preserve offers the opportunity to observe the ornithological species that find refuge here, such as herons, mallards or marsh harriers.

From Mazara to **Marsala**: the city of the historic Donnafugata cellars is just some 30km far. The same distance takes you from Marsala to **Trapani** and the evocative **Via del Sale** (Salt road), with its white salt pans and windmills, and the suggestive colors changing according to the daytime and the season.

Finally, the **Egadi Islands** are right in front, reachable by ferry.

<b>Business and Events</b>		A special dedicated MICE area is housed in the adjacent villa Fontanasalsa, an fairy-tale setting for elegant weddings, high fashion shows, meetings and conferences.
<b>- Villa Fontanasalsa</b>	<p>The famous 19th-century <b>Villa Fontanasalsa</b> was the former summer residence of some of the local most important families of the time and today remains one of the most evocative beams in western Sicily.</p> <p>It extends over approximately 2000 square meters, which is accessed along an imposing avenue shaded by age-old magnolias and eucalyptus trees; it houses 8 halls and meeting rooms and a suggestive central square (Piazzetta delle Cento Chiese) and has a maximum capacity of about 900 people.</p>	
<b>- Restaurant AquaMadre</b>	The AquaMadre Restaurant can also be set to host elegant Gala Dinners (with a capacity of 80 people indoor and 160 outdoor).	

<b>Memberships</b>		Similar to Almar Jesolo Resort & Spa, recognising Almar Giardino di Costanza's splendid facilities and dedication to Guests, the hotel is proud to partner with a leading hospitality and wellness association.
<p><b>Healing Hotels of the World</b></p> 	A collection of more than 100 hotels in five continents offering the ultimate well-being facilities and outstanding service. Membership selection is based on meeting strict criteria.	
<p><b>Preferred Hotels &amp; Resorts</b></p> 	A prestigious selection of the finest independent hotels. Each hotel must comply with Preferred Standards of Excellence™, measured annually during anonymous inspections by industry experts.	



**How to reach the  
Resort**

- Trapani Airport: 29 km  
- Palermo Airport: 75 km

- By car: Almar Giardino di Costanza Resort & Spa can be easily reached by car from the A29 and E90 motorways by following the signs for Mazara del Vallo or by setting the following GPS coordinates 37.71666, 12.64719.

**Address and contacts**

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