



INTRODUCING GARDENA GRÖDNERHOF HOTEL & SPA



Pride of place in Val Gardena, South Tyrol, [Gardena Grödnerhof Hotel & Spa](#) is one of the region's original hotels in the heart of the Dolomites, with a long tradition in hospitality dating back to 1923. The storied hotel acts as a gateway to the region and is made up of beautiful Alpine-inspired rooms and sleek modern suites, perfect to retreat to after adventurous days exploring the year-round playground by foot, bike, air or ski.

The hotel's impressive spa is a serene and spacious oasis, offering innovative treatments with a focus on relaxation and recovery. The Ayurveda in the Alps program promises an in-depth, holistic journey from experienced wellness practitioners, like nowhere else in the Alps. In addition, the spa is home to a spacious indoor heated pool, large outdoor whirlpool, Finnish sauna, aromatic steam bath, bio sauna, cold water pool and relaxation rooms.

For those with an appreciation of the finer things, dining at Gardena Grödnerhof is not to be missed. At tiny 12 seat Michelin-starred Anna Stuben restaurant, chef de cuisine Reimund Brunner oversees a talented team executing a menu of original creations based on regional, seasonal ingredients. The restaurant is renowned as one of the best dining destinations in South Tyrol and continues to hold one Michelin star as well as four Gault & Millau toques.

The hotel attracts intrepid hikers, cyclists and golfers during the summer months. In winter, the hotel provides a complete ski experience, thanks to a finely tuned ski concierge and shuttle, transporting guests to and from the slopes which are amongst the most highly regarded in the area. Val Gardena is part of the Dolomiti Superski ski circuit with 1200 km of slopes and features alone 176 km of varied slopes.

HOW: Rates at Gardena Grödnerhof start from €360 (currently approx. £303) per night on a B&B basis. www.gardena.it / [@gardenagrodnerhof](#)

Closest airports include Bolzano (37km), Verona (180km) Venice (305km) and Innsbruck (120km)

For more information, please email Perowne International:

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