



SALENTO - PUGLIA
ITALY

Naturalis Bio Resort & SPA: A Jump Back to the Past... Where Man and Nature Come Together

If paradise exists, it might be Naturalis Bio Resort & Spa.

Situated in Martano, in the heart of Salento, it is a wonderful 18th-century farming village, today transformed into a charming resort.

Renovated with the principles of bio-architecture in mind, the village's original structure has been preserved to give a warm feeling of relaxation that takes visitors back to old times.

NATURALIS BIO RESORT & SPA is the brainchild of N&B, a company known for producing natural and organic cosmetics made with organic plant extracts grown in the Naturalis estate.

Visitors will revel in the scents rising off the aromatic plants and herbs such as aloe, lavender, sage, rosemary and myrtle. Furthermore, they will be surrounded by 13 hectares of pure nature with more than 1.600 olive trees and a wonderful vineyard which gives a feeling of overwhelming calm.

There are nine elegant suites, each painted with different colours, based on the plant from which they take their name. We have VINO, LAVANDA, LIMONE, ARANCIO, ROSMARINO, GRANO ULIVO, ALOE. The rooms have delightful private terraces with a beautiful view on the surrounding countryside. Three new suites were built: FICO, TABACCO and MELOGRANO, finely furnished with an accurate attention to single details.

High in the garden stands a *silo*, used in the past to store wheat, grain and fermented feed. Now it has been restored and it will become a luxurious suite with 3 floors and a roof terrace, where our guests can have a moment or relax, enjoying the surrounding countryside.

All rooms are soundproofed and equipped with all modern comforts: satellite TV, wi-fi, air conditioning, mini-bar, large chromotherapy bathrooms and a precious N&B courtesy beauty set. Relaxing herbal teas and scented pillows ensure that guests enjoy a deep and regenerating sleep.

Not less important and fascinating is the reception hall, designed to welcome our guests in a warm atmosphere. Its elegant design and sober furnishings are enriched with a precious mosaic, representing an olive tree. It is more than a simple reception, offering a cosy space, ideal to drink a cup of tea or read a book.

In this romantic heaven of peace and tranquility it is also possible to enjoy our wonderful swimming pool. Its water is treated with salt, which makes it pristine and uncontaminated. Our guests can also taste the delicious local food prepared with organic ingredients from Naturalis' kitchen garden and fall in love with the finest aroma of our red wine, which comes from our organic vineyard.

Near the swimming pool is located a nice Lounge Bar, where our guests can have some fresh fruit, try our handmade pastries, or simply have a good coffee, sip a tea or a creative cocktail.



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“Bodies connection, dedication and abandon steal the thought and carry it elsewhere”

The 4 Elements Private & Exclusive SPA Suite offers a complete wellness service with emotional chromotherapy shower, a thermal pool enriched with mineral salts and a beautiful hammam created in an old barn. Moreover, it is possible to choose some massages and treatments to enjoy this beautiful corner of intimacy.

Naturalis gives the guests the chance to attend, on request, a private/group lesson of Yoga and Reiki, with high-qualified instructors. These techniques are useful to create a good balance between body and soul. The surrounding nature helps our guests to get this harmony, relieving the stress of a daily life.

Choosing Naturalis for your stay means have a direct contact with the old Salentinian traditions. Every week our guests can attend some cooking classes or simply see how to prepare some local dishes, such as our handmade pasta. On request, they can also have a guided tour in our plantation to understand how the production of cosmetics works. They can also experience the olive and wine harvest to feel the positive vibrations of our land.

It is thanks to Naturalis green concept and sustainability values and its highest levels of eco-compatibility that the Resort won the prestigious "Green Travel Award 2015".

So, what are you waiting for?

“NATURALIS BIO RESORT... where Man meets Nature”.