



SPA RESORT
SICILIA

Siculiana - Sicily



P R E S S P A C K



Introducing ADLER Spa Resort SICILIA

This summer saw the launch of Italy's most inspiring vacation destination, ADLER Spa Resort SICILIA. A harmonious blend of contemporary architecture and innovative, sustainable design. This exciting new spa resort brings together the essential elements of La Dolce Vita within one exclusive Island escape.

Resting gently within an area of outstanding natural beauty, ADLER Spa Resort SICILIA enjoys a stunning countryside location with direct access to a private beach. Designed to promote a holistic sense of well-being and revitalisation, this impressive modern resort features 90 stylish rooms each with a private terrace overlooking the Mediterranean Sea below.

Al-fresco living is at the heart of ADLER Spa Resort SICILIA philosophy with three pools, endless parkland, flower and herb gardens and two restaurants serving fresh, seasonal cuisine. Spa therapies and well-being treatments have been designed to harness the power of nature and include local herbs, wildflowers, extracts, oils and fragrances harvested from the Sicilian hills and valleys.

Indulge the senses at ADLER Spa Resort SICILIA and experience slow travel at its most inspiring.



Bio-Architecture

The design and construction of ADLER Spa Resort SICILIA has been masterminded by the Sanoner family who, along with longstanding partner, architect Hugo Demetz have successfully created a sustainable yet breathtakingly beautiful, island escape.

The absolute embodiment of function and form, ADLER Spa Resort SICILIA has been designed in perfect harmony with its unique countryside location on the southern coast of Sicily. From start to finish, the architectural design and materials specified have been chosen to enhance the surroundings rather than impact on the landscape. A low level structure which melds seamlessly into the hillside, the property perfectly promotes the ethos of seasonal al-fresco living.

A sense of restfulness has been achieved by cleverly linking the interior and exterior with linear water channels that flow serenely through the communal areas and restaurant. The effect is architecturally striking, and the masterful use of water effortlessly draws the eye through the building and beyond to the gardens and then outwards to where the sea magically meets the sky.



Sustainable Design

Sustainability is at the core of the resort with many of the interiors featuring walls clad in natural unbaked Sicilian clay which actively promotes natural humidity control. Flooring throughout is finished with Opus Signinum an ecological material comprising minutely crushed bricks and lime mortar. In-keeping with its island location, some of the buildings are clad in Tuff, a Volcanic rock, sourced from the wild terrain around Monte Etna.

Natural timber elements such as wall cladding add a charming sense of warmth and character. At ADLER Spa Resort SICILIA, the cedar wood selected is indicative of the surrounding environment and is gently shaded in hues of natural sand. Handcrafted wood panels are printed with subtle pastel motifs which add to the ADLER group's signature style also found in other resorts.

"Everything we do is informed by a non-negotiable principle: our resort has to blend in with the landscape without altering its natural balance and beauty. Bioarchitecture was the only way forward. We opted for a dispersive layout of single-storey buildings alternating with botanical oases." The Sanoner Family.



360° Sustainability

Every aspect of the Adler Group's hospitality is intrinsically connected to advocating sustainability. In each area of the resort the equilibrium of the natural environment has been respected using intelligent systems, healthy materials and a 360° ecological infrastructure.

Electric cars are available for transfers as well as bikes, allowing guests to move around the area with minimal impact. The resort's integrated environmentally friendly systems include cutting-edge heat pumps which recover and redistribute energy within the resort.

Resort Manager Sami Aglietti explain "At ADLER Spa Resort SICILIA, you don't have to compromise on comfort to achieve sustainability. You can enjoy Sicily's natural paradise safe in the knowledge that it will still be here, unchanged, the next time you return".



A Natural Haven

The location of the ADLER Spa Resort SICILIA was specifically selected by the Sanoner family for its exceptional natural beauty, vicinity to the Mediterranean Sea and setting alongside one of Sicily's most precious nature reserves, the Torre Salsa.

Situated in Siculiana (Agrigento) on the southwest coast of Sicily, the resort stands less than half a kilometre from the beach and just 80 metres above sea level on a panoramic plateau. Beneath the beautifully landscaped gardens the terrain slopes down toward the coastline with sand dunes, wild grasses and scented heathers leading the way.

The property enjoys direct and private access to a sheltered sandy beach, offset by a backdrop of majestic Mediterranean umbrella pines. Crystal clear waters are bordered by eye-catching white cliffs defining the outline of the Torre Salsa Nature reserve. A haven for flora and fauna, the reserve stretches along the unspoilt coastline of Agrigento covering over 760 hectares comprising wetlands, chalky outcrops and endless dunes of golden sand. A sanctuary of biodiversity, the Torre Salsa nature reserve is home to many rare species such as Caretta turtles, porcupines, many birds of prey, tortoises, lizards and butterflies. Torre Salsa owes its name to the ancient watch tower perched atop the promontory which overlooks the shallow bay beneath.

Guests of the resort can enjoy the peace and tranquillity of the Torre Salsa Nature Reserve during their stay and guided hikes and nature tours are held throughout the year.



Contemporary Accommodation

Al-fresco living is at the heart of the ADLER Spa Resort SICILIA experience where interior spaces lead directly out onto private terraces and communal gardens beyond. The 90 rooms enjoy views across to the Mediterranean Sea with interiors that effortlessly capture the essence of understated luxury and utmost comfort. Warm Sicilian tones of burnt orange and subtle yellows are interwoven through use of natural textiles and sliding glazed doors open out onto individual lounge terraces. Unbaked clay walls naturally regulate the air quality and humidity while cedar wood panels bring a piece of Sicilian nature into the living space.

Junior Suites (55m²) are perfect for couples and feature a double bed and bathroom with a rain shower and an extra single bed. Family Suites (75m²) are more generous sleeping up to four guests and retain the simple yet elegant aesthetic. The bright, airy interior seamlessly leads through sliding glazed doors to the outdoor living space. Family Suites consist of two separate en-suite double bedrooms each with a private bathroom and rain shower.

Amenities in the Junior and Family Suites include a minibar, coffee machine and tea making set, digital TV, air conditioning and Wi-Fi connection.

Room Rates: From €224 per person to €517 per person – half board in a Junior Suite



Holistic Spa

The ethos of ADLER Spa Resort SICILIA is one of ultimate balance, where the senses are perfectly indulged from dawn to dusk. The spacious spa is designed to soothe the mind body and soul with therapies and treatments aimed to relax, restore and revive, from head to toe. The resort's three beautiful pools sit perfectly within the landscape overlooking the crystal-clear sea below. The freshwater infinity pool effortlessly floats above the coastline enjoying serene views of the south-facing horizon. A saltwater hydromassage pool eases away the stresses of everyday life. While the inviting Thalasso pool is a relaxing retreat set beneath a stunning Sicilian sky. The 25 metre sports pool is perfect for daily exercise and aqua yoga classes, with the therapeutic waves of the Mediterranean itself only a brief walk from the spa.

The use of water for wellbeing has ancient roots and many modern benefits. By harnessing the purifying qualities of water, it is possible to re-balance energy levels, creating a profound sense of renewal. With three independent Swedish saunas and extensive relaxation, spa and fitness zones, the wellbeing area extends to an impressive 3,200 m². Inspired by the surrounding natural environment each of the 13 treatment rooms enjoy breath-taking views of the sea. Tailormade therapies and treatments have been created using natural Sicilian ingredients such as Mediterranean seawater and algae, volcanic elements, and wild aromatic herbs.

A secluded yoga platform sits amidst the beautiful gardens, one of the many locations where sessions are held during the resort's regular yoga and wellbeing retreats. An oasis of calm, the gardens are perfect for meditation sessions or simply relaxing amidst the scent of orange blossom and wisteria.



Nature's Garden

The cuisine at ADLER Spa Resort SICILIA is wholly led by the seasons where the freshest ingredients are homegrown and harvested from the resort gardens. The organic 'orto' boast numerous varieties of heritage vegetables, aromatic herbs, edible flowers and Sicilian fruits. The traditional orchards feature local varieties of oranges, lemons, peaches and apricots. Salads are picked daily and sun-ripened vegetables are harvested when they are at their most flavoursome.

While the kitchen garden is at the heart of the resort, supplying the restaurant and osteria with fresh home-grown delicacies. The herb gardens provide extracts, oils and natural perfumes for the spa treatments and wellbeing therapies. Lavender and rosemary, forest raspberries, fresh lemons and Sicilian salts all feature as ingredients within the spa's skincare line and beauty products.



A Taste of Sicily

Seasonal and regional cuisine leads the way at ADLER Spa Resort SICILIA where the restaurant and osteria menus highlight the vibrant flavours of the abundant regional harvest.

Freshly caught fish are transformed into elegant dishes with simple yet delicious ingredients grown in the gardens of the resort or supplied by local farmers. Organic meats are reared in the countryside nearby and delicious desserts feature the heady perfumes and flavours of citrus, wild raspberries and sun ripened fruits.

The colourful cuisine of Southern Sicily is enhanced further with excellent wines made with grapes grown on the fertile slopes of Monte Etna. The restaurants' extensive wine list also boasts biodynamic wines from the Sanoner family's own biodynamic estate in rural Tuscany.

The alfresco terrace at the Osteria offers outstanding views set beneath the dappled shade of a large pergola. The main sea view restaurant provides an elegant backdrop for a fine dining experience with a sensational sunset vista of the Mediterranean.



Family Adventures

Many of the suites at the ADLER Spa Resort SICILIA have been designed with family in mind. The spacious accommodation sleeps four and an outside terrace provides more relaxation space.

The AKI Kids' Club provides exciting activities and entertainment for children aged 4 years and above, and younger guests can also enjoy all the fun of the AKI Kids' club if accompanied by a adult. Family activities, excursions and experiences can be tailor-made and resort menus offer a variety of seasonal healthy choices for children.

The spacious family suites allow parents the opportunity to relax and unwind with their children surrounded by the peace and tranquillity of nature.



La Dolce Vita

At ADLER Spa Resort SICILIA the immersive experiences seamlessly blend culture with cuisine, adventure with relaxation, nature with wellbeing. Suitable for all ages, activities have a strong sensory focus to engage the emotions and create unforgettable memories.

Guests are invited to partake in daily organised activities such as yoga, hiking, nature trails, cycling tours and water sports. Many of the regular activities are complimentary and included in the accommodation price while others can be tailormade to suit guests' personal requirements. Local guides and nature experts are always on hand to share their wisdom and passion for this unique area, its history and vibrant culture.

The Adler philosophy is intrinsically holistic, where the mind, body and soul are treated as one. Experiences, activities, excursions, and therapies are designed to create a profound sense of lightness '*leggerezza*' while re-balancing the overall equilibrium.



Authentic Experiences

With a focus on nature and food, visits to local farms, cheesemakers and olive oil producers are regularly available as are typical Sicilian cooking classes. Guests are encouraged to discover more about ADLER Spa Resort SICILIA's garden to plate philosophy and spend time in the resort's vegetable and herb gardens with the gardeners and chefs.

Of course, Sicily is famed for its wines and wine tours and tastings can be arranged both at the resort and at neighbouring vineyards.

"Our mission is to create exceptional and unforgettable memories, by offering our guests unique experiences and authentic Italian hospitality in a charming and elegant environment." Sami Aglietti, Director



Complimentary Services

ADLER Living

- Afternoon turndown service
- Underground parking
- Wi-Fi and digital TV in every room

ADLER Cuisine

- Lavish breakfast buffet with local specialities, fresh fruit, freshly squeezed juices and home-made pastries – served with a sea view in the panoramic restaurant
- Delicious afternoon buffet with fresh fruit and cakes from our own patisserie
- Gourmet à la carte dinner with fish specialities and original Italian dishes – served in the panoramic restaurant

ADLER Spa

- Wellness and spa area with three pools, a Thalasso whirlpool, three saunas and three panoramic relaxation areas

ADLER Fit

- Gym with the latest fitness equipment
- Fitness and yoga lessons with qualified personal trainers



Complimentary Services II

ADLER Relax

- Garden yoga platform
- Expansive private garden and several botanical and vegetable gardens
- Direct access to the beach and relaxation area
- Transfer service by electric club car is available for transport between the beach and resort

ADLER Active

- Well-rounded activity programme, including: fitness, yoga and meditation classes, walks and hikes, electric bike tours, horse riding on the beach at dawn and sunset, and a variety of cultural tours
- Free hire of electric bikes, helmets, hiking poles and backpacks

ADLER Family

- AKI Kids' Club: games, sports and entertainment offered daily for children from 4 years of age



Optional Services

Optional services available at a fee*

- Lunch at the resort's Osteria, with fresh, light à la carte dishes
- Rooftop bar with panoramic terrace, open all day
- Well-furnished wine cellar with selected Sicilian, Italian and international wines as well as bottles from our Tenuta Sanoner biodynamic winery
- 13 seaview spa cabins, a choice of massages and beauty or spa treatments performed using premium products from the ADLER Active Cosmetics line
- Private transfer service from the airports of Palermo, Trapani and Catania
- SIXT's tailored car rental service at preferential rates for ADLER guests
- Electric car hire at the resort for your day outings
- Opportunities for horse riding and playing golf and water sports in the vicinity



ADLER Spa Resort SICILIA
Contrada Salsa 92010 Siculiana (Agrigento)
+39 0471 1551607
info@adler-sicilia.com

www.adler-resorts.com

Notes to Editors

For images and further media enquiries including press trips please
contact

Sharon Finnigan-Kilby at Arthouse PR, tel: 3345995702
email: editorial@arthouse-pr.com