

5-STAR SPA RESORT

ADLER Spa Resort SICILIA:

A pearl of hospitality, set between the sky and the sea, in the unspoilt nature of the Agrigento coast

Adler Philosophy

Let your soul fly

ADLER offers all the qualities of a **five-star resort, in a more familiar and informal environment** than other resorts of the same category. Each ADLER resort is a friendly place where it is **easy to access all the services**, without too many constraints; a place where you can feel free to choose, **to live, experience, relax, regenerate and enjoy**. Inside and outside: because every ADLER hotel **welcomes guests with the utmost comfort and the most accurate services** and is a **privileged window onto the wonders of the surrounding territory**.

ADLER Spa Resort SICILIA spirit

Nature, luxury, wellness and freedom for a structure that enhances the territory

Due to its particular location near the Torre Salsa Nature Reserve, **the resort allows a direct and total connection with a unique landscape**, where a **wonderful and impervious land meets the enchantment and likewise the strength of the sea**. An authentic place, where time stands still and you can recognise the mystery and charm of unspoilt nature. **Created to offer well-being and lightness**, the ADLER Spa Resort SICILIA is **committed to enhancing the beauty and resources of the landscape**. The **spacious structure** fits in respectfully and glides down to the **private eco-lido**, where the reflections of the waves meet the gold of the grains of sand. **A unique oasis, like freedom itself**, that resembles no one else, ready to welcome guests to experience what is the new true luxury: **nature, tranquillity and authenticity**.

Location

A paradise always facing the sea

The ADLER Spa Resort SICILIA is located in an **exclusive area overlooking the sea** in the municipality of Siculiana (Agrigento), near the **“Riserva Natuale Orientata Torre Salsa”** - a protected area covering 760 hectares - so called because of the presence of an ancient watchtower. Here, the view sweeps freely over **orange groves, Mediterranean scrub, golden sands** and beyond, towards the horizon, where the setting sun dips into the **turquoise and emerald sea**. Its morphological variety and beauty, and the importance of its **primordial flora and fauna**, make it one of the best-known protected areas on the island. Thanks to the absence of pollution, the **Caretta sea turtles**, among the rich variety of fauna species, are one of the identity elements of this **strip of coastline, among the most valuable on the Sicilian coast**.

Thanks to its dry Mediterranean climate, with hot, very long summers and mild, moderately rainy winters, it is an ideal destination all year round.

The Resort is **easily accessible by car from the island's main airports** - Trapani (150 km 01:45 h), Palermo (151 km 01:50 h), Catania (195 km 02:00 h) and Comiso (145 km 02:00 h); a private transfer service from these terminals is also available on request. **Flexible and tailor-made solutions are offered for car rental with pick-up** for the entire stay, part of the stay or just for the transfer from the airport to the hotel. The resort also offers **electric cars or rental cars for day trips**.

Project

Native and bio-compatible materials, in dialogue with nature and its light

The hotel was built according to the principles of **sustainable architecture**. Its immediate vicinity to the nature reserve imposed **extremely strict environmental regulations**, which guided **the prudent and sustainable approach of the owners**, together with architect **Hugo Demetz¹**, in charge of the project. The **protection and preservation of the landscape heritage** of this natural oasis is an absolute priority for the Siculiana Municipality and the WWF - which manages and cares for the Oriented Nature Reserve - as well as for the Sanoner family, whose philosophy was to create a **charming place** that fully respects the **nature of the area and even "hides" within it**. So, the land was "listened to", the sea was "observed" and creativity was unleashed. In a panoramic position, on a hill about 80 metres above sea level, a monolithic block was avoided in favour of a number of buildings with rooftops covered with vegetation, **perfectly integrated into the context**, with minimal impact on the surrounding landscape. Between the individual buildings and all around them, flowering gardens, the scent of orange blossoms and small cultivated areas with **vineyards, olive groves and aromatic herb gardens are interwoven with natural materials**, mostly local, such as wood, tuff, terracuda and the glass of the large façades. Everything follows a profound concept of **sustainability**, which is also reflected in the state-of-the-art energy supply systems and the careful management of resources.

Beach

An eco-lido in full respect of its original natural beauty

Fragrant Mediterranean vegetation frames the shoreline, almost touching the sand, at the foot of the promontory on which the ADLER Spa Resort SICILIA is located.

The beach, about 300 metres from the resort, is characterised by the striking alternation of coastal dunes and white limestone cliffs. It can be reached in a few minutes by a **shuttle service** in an ADLER electric club car or by foot in 10 minutes along an **easy path through the pine forest**. A true refuge of **tranquillity, privacy and confidentiality**, it stretches for 6 km on the edge of the Torre Salsa Nature Reserve and is partly **equipped with sunbeds and umbrellas**, environmentally friendly and exclusively reserved for ADLER guests. **Built in full respect of the local nature, the beach offers a bar service with drinks, accessible all day long**.

¹ Hugo Demez is also the designer behind ADLER Lodge RITTEN, an atmospheric 'retreat' on the Renon Plateau (BZ), and ADLER Lodge ALPE, an exclusive nest of hospitality, located on the Alpe di Siusi.

The rooms

Perfect combination of refinement and functionality

Generously sized, tastefully decorated, finished with fine materials and equipped with the latest technology and comforts, the hotel's **90 rooms** - with a total of 212 beds - are divided into **74 Junior Suites** measuring 55 m² with a 15 m² private terrace and **16 Family Suites** measuring 75 m² with a 15 m² private terrace. The rooms are built and furnished with natural materials such as **wood and terracuda** for a cosy and pleasant atmosphere. They are equipped with tea making facilities and a minibar, Wi-Fi internet access and digital TV as well as air conditioning. Each room has a bathroom with rain shower and a large window with a panoramic terrace. The Family Suites accommodate up to 4 people in two separate bedrooms with a private bathroom each.

Wellness & Spa Spaces

From the energy of the sea, a unique wellness area

With an **indoor area of approximately 3.200 m²** and extensive outdoor areas, **the Wellness & Spa centre, inspired by the sea**, is a place where you can enjoy regenerating moments of wellbeing, slow down and recharge your batteries, far from your daily routine. Guests can relax in the **roof-top thalasso hot tub** with panoramic views or in the **outdoor hot pool with beneficial salt water**; take a dip in the outdoor freshwater pool; or **swim in the semi-Olympic sports pool (25 m)** to invigorate body and mind. For the wide range of beauty treatments, there are **13 cabins, all with views of the sea and the green pine forests**, as well as **3 saunas**. In a constant relationship with nature, the 3 panoramic relaxation areas will help you rediscover inner harmony; then let all the burdens of **everyday life escape and purify yourself with a Turkish bath, biosauna or Finnish sauna**.

Adler Spa

A complete and personalised wellness offer

The Wellness & Spa centre at the ADLER Spa Resort SICILIA offers a wide range of spa treatments such as **thalassotherapy, volcanic applications, body massages and facials**. It is no coincidence that **seawater** has been used as an elixir of well-being in **thalassotherapy** since ancient times. Its special composition, together with the climatic characteristics of the place, allow to take care of the organism in a **natural and pleasant way**. The presence of minerals such as potassium, magnesium and iodine in fact favours and accelerates exchanges through the skin, facilitating the expulsion of toxins, the drainage of liquids and the oxygenation of tissues. Moreover, if brought to the right temperature, sea water stimulates the **regulation of metabolism, toning and relaxation of muscles**.

Among the products used, it is worth mentioning the **products of the ADLER SPA**, an innovative line of **biocosmetics**, developed in our own laboratories, a combination of naturalness, technological **innovation and cutting-edge research**. Free of preservatives and chemical dyes, the products use the **properties and active principles of natural substances from the Sicilian territory** such as sea salt, orange extract, essential oils and flowers.

Kitchen

Mediterranean character at the table, between proximity and sustainability

Energy and elegance, warmth and freshness: in the cuisine of the **ADLER Spa Resort SICILIA** it is easy to find the **natural characters** of the context in which it is born, such as the sea, the generous and strong soils, the maquis and its thousand scents. A virtuous balance between the exuberance that the fruits of nature bring and the know-how of those who shape them: this is the philosophy behind the proposals of the talented chef of Sicilian origin, who will bring out clearly the **Mediterranean character**, as well as the ability to maintain the virtues of tradition in new, light and gourmet ideas. Like all ADLER Spa Resorts & Lodges, the ADLER Spa Resort SICILIA invites you to **discover the uniqueness of the region through your palate**, with tasty **regional dishes and selected ingredients from short supply chains**. The quality seal "**ADLER REGIONAL PARTNER**" on the regional specialities of the menu and in the buffets, guides guests on a journey through flavours. Homemade specialities also bear the **ADLER Homemade** label. Simple ingredients, **typical of Sicilian daily cuisine, fish and other gifts of the sea, vegetables from small local producers and herbs from ADLER's own garden**.

The places of taste

Sitting at the table will provide complete **sensory experiences amidst the elegant and welcoming atmospheres** that permeate every room in the Resort and are also reflected in the main restaurant **overlooking the sea**, open for **breakfast** - with a rich buffet of homemade baked goods, vitamin juices and many local specialities - and for **dinner**, with a gourmet à la carte menu, including light **Mediterranean dishes and many fish specialities**. Guests can also enjoy a **wide selection of fine wines** from the best producers in Sicily and Italy, as well as from the **Tenuta Sanoner** winery in Tuscany. To enrich and diversify the offer, there is also an **Osteria**, open at lunchtime with a wide range of starters, salads and hot dishes; a **Bar**, with a **panoramic terrace**, open all day to enjoy coffee, fresh juices, wines, exclusive liqueurs and cocktails; the **Lido Bar** on the beach with refreshing drinks, open all day.

Adler Fit

Tailor-made indoor activities for all passions

Panoramic views, a spacious gym, state-of-the-art equipment and support from a qualified fitness team make ADLER FIT a **welcoming, relevant and unmissable area**.

The **daily programme is varied and multifaceted**. It includes "**Body & Soul**" classes to easily improve fitness and recharge energy and vitality; **fat-burning programmes** for slimming, **toning programmes; joint-strengthening and injury-prevention programmes; and water workouts**. In addition, guests can take advantage of **private coaching** with innovative **personalised training programmes**.

Body & Mind

Exclusive yoga practices by the lake

Like a small silent island on a body of water, the **evocative space dedicated to yoga and meditation** is located in the **middle of a natural lake**, accessible by a pier. A truly avant-garde experience: the pavilion, will host **daily yoga classes and all the specific Yoga and Meditation Retreats**, organised at various times of the year, focused on psychophysical wellbeing and led by **qualified teachers** with great experience and empathy.

A concept that encourages **connection with the elements of nature**, so that participants can perceive and benefit within themselves from the vigour of fire, the rootedness of the earth, the purity of water and the lightness of air, which will inebriate every breath from the sea.

Outdoor Activities

A rich programme of activities, the luxury of choice

The beautiful setting and surroundings hold **natural, archaeological, artistic, cultural and gastronomic treasures to be admired in all seasons**, whether by mountain bike or on foot along scenic paths. **The ADLER Spa Resort SICILIA offers a range of leisurely activities and stimulating experiences**: excursions through the reserve and pine forest; walks on the beach and yoga at dawn or dusk; cycling tours (including e-bike hire and helmets and backpacks) with tastings and guided tours; kayaking, canoeing and stand-up paddling; golf (25 km away) and horse riding (extra charge); cultural tours to discover the temples of Agrigento and Selinunte... **a wide-ranging programme to suit all tastes and levels of expertise.**

Cultural attraction

The beauty of embracing a land rich in history

From the sea to the mountains, via villages and paths, Sicily is an ancient land that really has a lot to offer and boasts a number of **unique archaeological and cultural sites**. The most easily accessible attractions from the ADLER Spa Resort SICILIA are: Scala dei Turchi - 23 km, Valley of the Temples - 34 km, Agrigento - 37 km, Temple of Selinunte - 69 km, Castelvetro - 70 km. Extending the circle of attractions to the whole island, those that can be reached in a day from the hotel are: Mazara del Vallo - 90 km, Enna - 117 km, Segesta - 118 km, Palermo - 130 km, Caltagirone - 141 km, Ragusa - 163 km, Modica - 180 km, Catania - 198 km, Etna - 220 km, Siracusa - 249 km, Noto - 276 km.

Services for children

A child-friendly holiday

The ADLER Spa Resort SICILIA **has no age restrictions**: it is also suitable for families with children, **who can take part in excursions** together and enjoy sweet moments in the Spa Area. Alternatively, **parents can enjoy relaxing moments** together, leaving their little ones, **aged 4 and over**, at **AKI's Kids Club**, a playful, bright and welcoming space designed on a child-friendly basis and led by an expert educator. **Activities include sports, art, indoor and outdoor games, handicrafts and lots of fun.** A **babysitting service is available** on request (for a fee). Children under the age of 4 are only allowed when accompanied by a parent.

The Adler Spa Resorts & Lodges Group

More than 200 years of hospitality experience

The **ADLER Spa Resort SICILIA** is part of the **ADLER Spa Resorts & Lodges Group**, together with five other 5-star resorts located in the most fascinating natural settings in Italy: The **ADLER Spa Resort DOLOMITI** in Ortisei in Val Gardena, to which the **ADLER Spa Resort BALANCE** is connected via an underground tunnel; the **ADLER Spa Resort THERMAE** in the picturesque Val d'Orcia in the province of Siena; the **ADLER Lodge ALPE** on the Alpe di Siusi; and the **ADLER Lodge RITTEN**, a nest in the forest on the Renon plateau (BZ).

ADLER Spa Resort SICILIA

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