



## ADLER Spa Resort DOLOMITI

### A chic, family-friendly resort in a traditional mountain village

*“Although there are higher mountains, there are none more beautiful”* – Reinhold Messner, world famous mountaineer, on the Dolomites.



ADLER Spa Resort DOLOMITI is in the heart of the Dolomites mountain range in the Italian region of South Tyrol. The area in north eastern Italy and part of the southern alps is a UNESCO World Heritage site famed for its vertical cliff walls, and narrow, deep and long valleys.

The 114-room hotel is in the centre of the mountain village of Ortisei and is surrounded by sharp mountain peaks. The architecture of the building is perfectly integrated in its surroundings. The original inn, bought in 1810, forms the heart of the building and it is now linked with the elegantly turreted Bittner House, which dates from 1905. The lemon-yellow main building was designed in 1925 by the renowned Austrian architect Clemens Holzmeister.

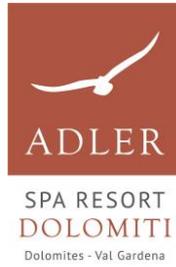
The hotel interiors are stylish and soothing, combining clean elegant lines, warm wood tones and large panoramic windows to bring the stunning outdoors inside.

The spa at ADLER Spa Resort DOLOMITI is the hotel's soul. The sprawling Water World area has more than 3,500 square metres of hot and cold pools, baths, saunas, and indoor - outdoor relaxation spaces. Highlights include the salt grotto and rock salt sauna, the Rasul bath (with mud and herbal steam), a floral-scented steam room and the women only rose-petal bath and lounge area.

The spa offers a wide variety of treatments from Ayurvedic massage, Reiki to Alpine baths with local pine needles and hay. It recently launched a new offering, respiratory therapy, which can be used either as a weight loss or a stress-management technique. All treatments use the resort's own natural skincare products, ADLER Spa Active Cosmetics.

With a strong focus on outdoor pursuits, the hotel offers a whole range of activities. Whether it is skiing, snowshoeing or tobogganing in the world's largest ski area in the winter, or hiking and cycling in the warmer months, visitors have plenty of activities to choose from – other activities available to guests include white-water rafting, yoga, Pilates and guided full-moon walks.

ADLER Spa Resort DOLOMITI's kitchens are headed by the talented chef Leonhard Rainer who artfully combines Mediterranean and Ladin influences to create a mix of local traditional dishes and modern Mediterranean delicacies. Most ingredients used are locally sourced and include mushrooms, berries, cabbage and spinach. Ladin is a rural cuisine with Swiss, Austrian and Italian influences. Specialties served in the hotel's restaurant include *turtres* (stuffed pancakes) and *crfuncins* (noodle pastries). More modern Mediterranean fare is also available. The wine list features a careful selection of the produce of well-loved local grapes, Lagrein, Gewürtztraminer and Schiava, as well as red and sparkling whites from Tenuta Sanoner, the family-owned vineyard in Tuscany.



The unique blend of five-star service and familiarity is what keeps visitors returning to ADLER Spa Resort DOLOMITI – one 98 year-old gentleman has just spent his 70<sup>th</sup> summer at the hotel.

For more information, visit [www.adler-resorts.com](http://www.adler-resorts.com)