

LEFAY RESORT & SPA LAGO DI GARDA

Lefay Resort & SPA Lago di Garda, the first jewel of the Lefay Resorts Collection, is located in Gargnano and is immersed in an 11 hectares natural park in the heart of the spectacular and renowned "Riviera dei Limoni", surrounded by gentle hills and natural terraces rich in olive trees and woods. The property, partner of the prestigious networks Small Luxury Hotels of the World, Healing Hotels of the World, Virtuoso, American Express, Fine Hotels & Resorts and Traveller Made, was the first to be awarded the prestigious 5-star superior rating on Lake Garda and opened officially on 8th August 2008.

The resort was conceptualised minimising the environmental impact, thanks to a perfect architectural integration into the surrounding countryside and latest-generation technologies able to reduce the energetic consumption. Lefay Resort & SPA Lago di Garda, first tourism facility in southern Europe to obtain the prestigious environmental certification of Green Globe, is CO₂ free: since 2013 in fact, the resort has been completely offsetting its carbon emissions thanks to internal practices and through the purchase of CERs credits.

The 93 Suites feature natural fabrics, precious materials including Italian marbles, olive tree and Italian walnut woods. They offer an amazing lake view and are divided into five categories: 41 Prestige Junior Suites (50 sqm/540 sqft on the ground floor); 43 Deluxe Junior Suites (50 sqm/540 sqft on the first floor with balcony); 4 Family Suites (73 sqm/790 sqft with two bedrooms and bathrooms); 4 Exclusive Suites (83 sqm/895 sqft featuring Jacuzzi with a lake view and a private living room) and the great Royal Pool & SPA Suite (up to 600 sqm/4,640 sqft offering three bedrooms, a spacious walk-in wardrobe, dining room up to 8 persons and equipped kitchen, marble bathroom featuring Jacuzzi with a lake view, Private SPA with treatments zone, infrared sauna, steam sauna and shower with chromotherapy, relaxation area and private garden with heated chlorine-free Infinity Pool with lake-view).

LEFAY SPA LAGO DI GARDA

Lefay SPA Lago di Garda is an exclusive temple to wellness of more than 3,800 sqm (40,900 sqft), where mind and body are regenerated through the rediscovery of genuine emotions and a sense of inner harmony. Here wellness is everywhere: in the sunlight that streams through the large windows, in the wonderful gardens, in the water of the swimming pools and in the magical atmosphere that envelops everything. Lefay SPA Lago di Garda is divided into three areas: the "World of Water and Fire", which includes all areas connected to swimming pools, saunas, grottos and small lakes; the "Nature and Fitness" zone, which consists of a large gym and a fitness studio for courses and fitness activities and "In Silence and Among the Stars: Trilogy in the Air", where man and nature are close to each other. Here, in the wonderful 11-hectares natural park that surrounds the resort, three different trails have been created: the Energy and Therapeutic Garden with five energetic stations based on the principles of Classical Chinese Medicine; the Running Circuit and the Fitness Path for outdoor activities.

The Lefay SPA Scientific Committee has developed an innovative wellness method that stems from the blending of Classical Chinese Medicine with Western scientific research to restore the Guests' body, soul and spirit balance. This union is the basis of the Lefay SPA Method Health Programmes, customised according to individual needs, to achieve a complete mental and physical wellness with various objectives: weight loss, relieving stress, getting into physical shape, treating insomnia, combating the signs of ageing and detoxifying the body.

General Health Programmes: Integral, Essence, Discovery

Specific Health Programmes: Detox, Weight Management, Beauty, Sleep, Fitness, Stress-relieving

Lefay SPA treatments have been created combining traditional massage techniques to stimulate energy points and meridians and are tailor-made for the individual's physical and mental state, for a deep and long-lasting result. The Signature offer includes: energy massages, energy aesthetic rituals for face and body, the special section "Perfumes of the Lake" and non-invasive aesthetic medicine treatments.

Lefay SPA also offers a medical section for consultations and treatments in the fields of Western and natural medicine, physiotherapy and osteopathy and a rich menu of à la

carte proposals: Western and Eastern massages, thalassotherapy, treatments carried out using innovative aesthetic equipment and the two enchanting Private SPAs for couples.

All treatments are carried out using the Lefay SPA "Tra Suoni e Colori" cosmetic line, created in accordance with the principles of nutricosmetics; a "smart" product line that combines nature and science with a visible and immediate effect. Products can be purchased in the Lefay SPA Shop and online at [lefayshop.com](http://le fayshop.com).

LEFAY VITAL GOURMET

"Even food may become food for the soul". We believe that food is an integral part of a wellness path, this is why Lefay Vital Gourmet privileges its health aspects combining fresh ingredients and creativity. A culinary concept which champions the Mediterranean diet, where extra virgin olive oil plays a fundamental role. Part of this philosophy is the Lefay SPA Menu, created in collaboration with the Lefay SPA Scientific Committee; slightly low-calorie and low-sodium, the dishes have detoxifying properties and are prepared with cooking methods that do not excessively stress the digestive system.

A concept based on five principles: Mediterranean diet, seasonality, Italian spirit, ethics and privilege of local suppliers. The Executive Chef Matteo Maenza applies these values in the Mediterranean recipes of "La Grande Limonaia" restaurant (breakfast and dinner, also for non-resident Guests) and in the evocative "Trattoria La Vigna" (lunch and dinner; lunch for non-resident Guests also) where the cult of age-old flavours lives on through the magnificent history of Italian cuisine.

"LA GRANDE LIMONAIA" RESTAURANT

Evokes the scents of the citrus groves set amidst wonderful lighting and scenic views. The menu features contemporary flavours and colours to create dishes that give a nod towards the evolution of traditional Mediterranean cuisine.

TRATTORIA LA VIGNA

Relive the simplicity and warmth of typical Italian trattorias, where the cult of age-old flavours is handed down to the next generation. In winter, the fireplace rekindles the slow-cooked dishes of the past, while in summer the terrace merges with the lake's colours.

OTHERS

Lounge Bar

Soft lighting, live piano music and the best cocktails and international spirits create a sophisticated and seductive ambiance surrounded by the beautiful sunset over the lake.

Pool Bar

Spend a pleasant day by the pool, in an oasis suspended between the lake and the sky, sipping your favourite drink or enjoying a snack.

Cigar Lounge

An intimate setting that offers the best selection of cigars and spirits from all over the world.

Meeting

The Resort features a meeting centre with direct access to a private garden. There are two fully equipped rooms of different sizes with natural daylight thanks to the floor-to-ceiling windows which offer a splendid lake view.

SUSTAINABILITY

“Personal wellness should never overlook environmental wellness”. One of the goals of Lefay Resorts is to minimise its environmental impact, both during the construction phase and the management process. The resort is inspired by lemon groves, typical buildings of the upper reaches of Lake Garda: the main services are located within the central body, from which the Suites spread out towards the side wings covered with vegetation, that makes it hard to distinguish them from the surrounding green area. The important investment in state-of-the-art technologies has resulted in a real power plant for the production of electrical energy, heating and cooling, composed by: biomass plant, micro-turbines cogeneration plant and absorption cooling system. Also management software have been implemented to reduce energy and water consumption, together with a careful environmental policy towards waste disposal and Guests' awareness.

Today 85% of the resort's thermal energy production for heating, hot water and pools comes from renewable energy, as does 100% of its cooling and air purification (75% home produced) and 100% of the power production (60% generated on site and 40%

bought with RECS certificates). Thanks to the use of renewable resources as well as innovative technologies, the resort has cut its CO₂ emissions by 1,130 tons per year. Since 2013, with the Lefay Total Green Project, the property has been offsetting the residual quota of carbon emissions in compliance with the Kyoto Protocol, to contribute to the realisation of projects that permit the reduction of CO₂ emissions and other greenhouse gases.

CERTIFICATIONS

ECOCERT "BEING ORGANIC AND ECOLOGICAL SPA: LEVEL EXCELLENCE"

Lefay SPA is the first in Italy obtaining the prestigious certificate "Being - Organic and Ecological Spa, Level: Excellence" from Ecocert, the French organisation certifying cosmetic products, that has introduced "Being - Organic and Ecological Spa" for wellness centres that combines natural wellbeing with a strong commitment to the environment.

VOLUNTARY AGREEMENT WITH THE ITALIAN MINISTRY OF THE ENVIRONMENT

On December 20th 2011, Lefay Resorts signed a voluntary agreement with the Italian Ministry of the Environment, the Land and the Sea, for the promotion of joint projects aimed at the analysis and neutralization of the climate impact of its activities.

GREEN GLOBE

Located in California, USA, and represented in over 83 countries worldwide, is the first programme to have developed international reference standards for properties operating in the wellness industry. In 2018 the resort was also awarded with the Gold Status, marking five consecutive years of certification and the highest quality standards.

ISO 14001 – ISO 9001 – ISO 14064 CERTIFICATIONS

Environmental certification ISO 14001, for the "Design and management of architectural solutions for innovative and eco-compatible structures" phase; ISO 9001 quality certificate and the ISO 14064, which certifies the analysis of the Resort's CO₂ emissions carried out by the Italian Ministry of the Environment.

AWARDS

2019

International Traveller Magazine: "Top 10 health retreats around the world"
Finalist at the Condé Nast Johansens Awards for Excellence as "Best Destination SPA"
Guida "Ristoranti d'Italia 2020" "Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant
Guida "I Ristoranti d'Italia 2020" L'Espresso to La Grande Limonaia Restaurant
Haute Grandeur Global Hotel Awards, Lefay Resort & SPA Lago di Garda: "Best Country Hotel", "Best Eco Friendly Resort Europe", "Best Suite Hotel Europe", "Best Hotel View in Italy"
Haute Grandeur Global SPA Awards, Lefay SPA Garda: "Best Destination SPA Europe", "Best Eco SPA Europe", "Best Health & Wellness SPA Italy"
Condé Nast Traveller readers' Choice Awards: "Top 30 SPA Destinations in the world"
Wellness Heaven Awards: "Top 3 Best Locations in Europe"
World Luxury SPA Awards: "Best Luxury Eco-SPA in Southern Europe"
World Luxury SPA Awards: "Best Unique Experience SPA"
World Luxury SPA Awards: "Best Luxury Destination SPA" in Italy
European Health & SPA Award: "Best Destination SPA in Europe"
European Health & SPA Award: "Best Signature Treatment" to "I Colori dell'Uomo"
Italian SPA Awards: "Best Destination SPA in Italy"
Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels in Italy"
Tripadvisor Travellers' Choice Awards: "Top 25 Most Romantic Hotels in Italy"
Guida "Ristoranti d'Italia 2019" Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant
Guida "I Ristoranti d'Italia 2019" L'Espresso: "Primo Cappello" to La Grande Limonaia Restaurant

2018

SLH Awards: Shortlisted Finalist "Most Sensational SPA"
World Boutique Hotel Awards: "Europe's Most Sustainable Hotel"
World Luxury Hotel Awards: "Europe's Luxury Eco Resort"
Seven Stars Luxury Hospitality and Lifestyle Awards: Signum Virtutis a Lefay SPA
Condé Nast Traveler Readers' Choice Awards: "Best 30 Resorts in Europe"
Condé Nast Traveller Readers' Travel Awards: "Top 20 SPA Destinations in the world"
World Luxury SPA Awards: "Best Unique SPA Experience" in Southern Europe
World Luxury SPA Awards: "Best Luxury Destination SPA" in Italy
World Travel Awards: "Europe's Leading Green Resort"
European Health & SPA Award: "Best SPA Destination"
European Health & SPA Award: "Best Signature Treatment"
"First Place in the Top 10 SPAs in the World" Traveller's World Awards
Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels in Italy"

Guida "Ristoranti d'Italia 2018" Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant
Guida "I Ristoranti d'Italia 2018" L'Espresso: "Primo Cappello" to La Grande Limonaia Restaurant

2017

World Boutique Hotel Awards 2017: "World's Best Wellness SPA"
Small Luxury Hotels Awards: "Most Sensational SPA"
Condé Nast Traveler Readers' Choice Awards: "Top 30 Resorts in Europe"
World Travel Awards: "Europe's Leading Green Resort"
World Luxury SPA Awards: "Best Luxury Eco-SPA"
European Health & SPA Award 2017: "Best Destination SPA"
Prime Traveller Awards 2017: "Best Wellness Clinic"
Tatler SPA Awards 2017: "Best for East-West Fusion"
Primo Posto nella classifica "Top 10 Hotel Ecoleader Platinum" in Italia ed Europa di Tripadvisor
Fine Hotels & Resorts by American Express "Most Innovative Sustainable Hotel"
Traveller's World Magazine: "Top 10 Destination SPAs in the World"
Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels in Italy"
Condé Nast Johansens Excellence Awards: "Best for Couples"
Guida "Ristoranti d'Italia" 2017 Gambero Rosso: "Due Forchette" and special prize "Gusto e Salute" (Taste & Health)
Guida "I Ristoranti d'Italia" 2017 L'Espresso: primo "Cappello" to La Grande Limonaia Restaurant

2016

European Health & SPA Award 2016: "Best Signature Treatment"
World Luxury SPA Awards 2016: "Luxury Destination SPA"
Connoisseur Circle Hospitality Awards 2016: "Best SPA Hotel"
World SPA & Wellness Awards: "Worldwide Health and Wellness Destination"
Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels"
Condé Nast Johansens Excellence Award: "Best SPA Facilities"
Guida "I Ristoranti d'Italia 2016" L'Espresso: primo "Cappello" to La Grande Limonaia Restaurant

2015

Spafinder Wellness Travel Awards: "Country Awards – Best SPA in Italy" and "Best for Mind & Spirit"
Spa Traveller Awards: "Best SPA Resort (more than 50 rooms) in Italy" and "Most Effective De-Stress Programme"
World SPA & Wellness Awards: "Resort SPA of the Year: Western Europe & Scandinavia"
Condé Nast Johansens Excellence Award: "Best Destination SPA Europe & Mediterranean"
Tripadvisor Travellers' Choice Awards: "Top 25 Hotels", "Top 25 Luxury Hotels" and "Top 25 Romantic Hotels"

Guida "I Ristoranti d'Italia 2015" L'Espresso: primo "Cappello" to La Grande Limonaia Restaurant

2014

Condé Nast Traveller Readers' Choice Travel Awards: "20 Top Destination SPA" and "World's Best 100"

Trip Advisor Greenleaders: Platinum

European Health & SPA Award: "Best SPA Treatment in Italy" a La Vita nei Sensi

Expedia® Insiders' Select™ 2014

CNN: "9 Deluxe Weight Loss Vacations"

Tripadvisor Travellers' Choice Awards: "Best Luxury Hotels" and "Most Romantic Hotels"

Trivago Hotel Award: "Best Hotel in Lombardy"

2013

European Health & SPA Award: "Best Destination SPA"

Spafinder Readers' Choice Awards: "Favourite SPA in Europe" e "Favourite SPA in Italy"

Small Luxury Hotels of the World: "Hotel of the Year"

Condé Nast Traveller Readers' Choice Travel Awards: "20 Top Destination SPA"

Expedia® Insiders' Select™ 2013

Green Good Design Award: "Green Architecture"

Busche SPA Diamond Award: "International SPA Resort"

World Luxury SPA Awards: "Best Luxury Destination SPA" e "Best Luxury Wellness SPA"

2012

Spafinder Readers' Choice Awards: "Best Eco-SPA", "Best Accommodations" e "Best Interior Design"

Best of the Best Virtuoso Awards: "Most Socially Responsible"

Condé Nast Johansens Excellence Award: "Most Excellent SPA Hotel Europe & Mediterranean"

2011

Spafinder Readers' Choice Awards: "Best SPA in Italy"

European Health & SPA Award: "Best Destination SPA" e trattamento Lefay SPA Derma di Luce finalista nella categoria "Best Facial Treatment"

2010

Gala SPA Awards: "Innovative SPA Concept"

Italian SPA Award: "Eco-SPA"

2009

Legambiente: "Premio Innovazione Amica dell'Ambiente"

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