



## ALPINA DOLOMITES Gardena Health Lodge & Spa\*\*\*\*\*

From its exclusive panoramic location on the Alpe di Siusi, Europe's largest high-altitude plateau, in the magnificent setting of the Dolomites, next to the Alpe di Siusi uphill cableway station, the Alpina Dolomites Lodge offers guests refined hospitality and professional services for vacations with an eye to health and overall wellness.

In this unique Lodge, consisting of a main building and a separate circular structure, connected to each other by an underground passageway, built in compliance with eco-friendly standards to reduce environmental impact and energy consumption to a minimum, guests can choose from among 60 Superior/Exclusive Rooms and Deluxe Suites with a spectacular view over Europe's most beautiful high-altitude Alpine plateau. Built with natural materials, and stone and wood in particular, the Lodge is harmoniously nestled within its natural surroundings.

The cornerstone of the Alpina Dolomites Lodge's philosophy is its intimate relationship with nature, which is based on respect for the environment and a long-standing tradition of hospitality, blending traditional values with modernity. This is the ideal spot to enjoy an invigorating break and to reacquire a well-balanced combination of body and spirit in direct contact with nature.

The spa, that includes both an indoor and an outdoor panoramic swimming pool, sauna and relaxation areas, fitness centre and beauty farm, is an incredible oasis of wellness where guests can leave behind all the stress of their daily routines and rediscover new vitality.

For a truly special vacation, the culinary creations can only be nothing but the best. Guests can enjoy fine dining in the Lodge's restaurant while anyone who just happens to be passing by can enjoy the fine fare in the bar & self service restaurant (open only in winter) situated in the separate circular structure, the Alpina Chalet.

Guests can practice a wide range of leisure, sports and fitness activities year round, such as hiking and skiing as well as winter and summer sports, or just sit back and relax surrounded by the Dolomites, one of the world's most beautiful scenic landscapes, that has been declared a UNESCO World Heritage Site.

**ALPINA DOLOMITES**  
Gardena Health Lodge & Spa \*\*\*\*\*  
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## ARCHITECTURE

### In harmony with nature

The Alpe di Siusi, Europe's largest high-altitude plateau, is a real paradise on earth. And that's exactly where the Alpina Dolomites is located, at an altitude of 1860 metres, in Compatsch. The lodge has an exclusive panoramic location, overlooking the Alpe di Siusi uphill cableway station, in the magnificent setting of the Dolomites.

We wanted to create a Lodge that would harmoniously blend into the natural surroundings. To do this we used natural materials and an architectural design inspired by the various forms of nature.

The linear form, the façade and the materials are all fundamental elements of its architectural design. All the various details, diverse materials and the harmonious blend of colours match the exterior and the interior over the entire length of the building, creating a direct relationship with the surrounding environment.

Along the southern side, the front walls with wide windows offer an unforgettable view of the unique surrounding outdoor mountain panorama. The 60 Superior/Exclusive Rooms and Deluxe Suites (50-150 m<sup>2</sup>), all with either balcony or terrace, the lounges, the restaurant and the spa all face south. The connecting areas, the kitchens, storage areas and staff accommodations are located on the north side, in the rear wing of the building.

The complex is clad with an original quartzite natural stone façade that creates the perfect symbiotic relationship with the mountain environs.

The roof and the northern façade are embraced by a wooden structure that reproduces and reflects the natural movement of the terrain and the mountains. As a result, the entrance to the Alpina Dolomites resembles a crevice in the rocks where guests will immediately be immersed in a genuine mountain atmosphere.

Even along the Alpina Chalet, the independent circular construction – connected to the main building by an underground passageway – with its spacious suites (75-103 m<sup>2</sup>) and a spectacular view on the first floor along with a restaurant and a bar on the ground floor, the wooden roof and the quartzite natural stone façade highlight the genuine symbiosis with the mountain landscape.

Inside, guests will be amazed by the fascinating sequence of areas, the exacting colour combinations and the use of natural materials. All details and furnishings have been custom designed and integrated into the basic design concept, while the fabrics were selected to match the colours in the different ambiances.

Even the 60 rooms and suites have been designed with the same style and therefore show similar linear details, colours and materials. Ranging in size from 50 m<sup>2</sup> to 150 m<sup>2</sup>, these remarkably spacious rooms also have extraordinary bathrooms in a contemporary style.

The Alpina Dolomites Lodge consists of three structures: a main linear construction divided into three parts, an elongated building for the staff that runs parallel and behind the main one, and a nearby independent circular building connected to the main structure through an underground passageway. The four-floor main building is oriented from East to West and the ski slope winds its way between the separate structures and the circular building.

An underground garage and an elongated entrance way provide access to the hotel. The main building is divided into three parts that are divided by two stairwells. The main building bends at these stairwells, affording access to the various observation points to provide a nearly circular view over the surrounding mountain landscape.

The 60 rooms and suites, reception hall, lounges and bar, kitchen, dining rooms, swimming pools, fitness gym, game room, conference room, spa with beauty farm, sauna and relaxation areas, a small store, hair salon and the technical rooms are located in the main building and distributed over the four floors above ground level.

A glass roof at the end of the exterior entry point creates a spacious entrance. This raised first floor provides access, through a vestibule, to the reception. In the entrance area a 4-metre-wide fireplace creates a special atmosphere. One of the most original structures of both the atrium and the Mountain Lounge is the ceiling, which recreates the unique features of the exterior façade.

The same colour scheme is used for the entire floors and in all public areas. The atrium leads to the Mountain Lounge with a bar and lounge areas. Glass walls here as well as in the adjacent library and Cigar Lounge provide a breathtaking view over the unique mountain landscape.

Instead, by going left, with respect to the reception, guests will pass a wine display case on their way to the dining room. The dining room includes a buffet area, a main dining hall and three old original South Tyrolean stuben: a Gothic stube and two classic stuben from the 1700s.

The kitchen and the adjacent rooms also have direct access to the dining room.

The Alpina Dolomites offers a total of 60 Superior/Exclusive Rooms and Deluxe Suites (8 suites and an exclusive deluxe suite (150 m<sup>2</sup>) in the main building and 4 deluxe suites (75-103 m<sup>2</sup>) in the adjacent chalet). All the rooms and suites face south. The Superior category rooms (about 50 m<sup>2</sup>) have a balcony or garden access, while the Exclusive category rooms (also about 50 m<sup>2</sup>) have a spacious terrace.

The swimming pools, the spa with beauty farm, the sauna and relaxation areas and the gym are located on the ground floor. The colour scheme and architectural style in all these areas match those used in the other environments.

An underground passageway, that runs under the ski slope, connects the main building of the Alpina Dolomites with the Alpina Chalet, the circular building. The self service restaurant and bar that can be used by the public (open only in winter) are located on the ground floor.

Four very spacious and original suites with a large terrace area are located on the upper floor. The design of the façade is reproduced on the parapets of the balconies and depending on the angle of the light create special lighting effects, while also acting as a filter.

The building is designed as a climate B home, which means that the energy requirement is less than 50 kWh/m (less than five litres of fuel oil or five cubic metres of gas per square metre per year). It was decided to build a climate B home not only for sustainability and economic reasons, but also to increase living comfort.

## GENERAL INFORMATION

Hotel category	5 star
Total surface of the hotel	1,6 ha
Spa	2000 mq
Fitness area	175 mq
Rooms and suites	60
Parking spaces in underground garage	60

### Location:

The Alpina Dolomites Lodge is located on the Alpe di Siusi, Europe's largest high-altitude plateau, surrounded by a truly unique natural setting and a spectacular view of the Dolomites. The Lodge is located in Compatsch (1860 m), at the western end of the plateau, near the mountain station of the Siusi-Alpe di Siusi cableway. Compatsch is 33 km from Bolzano, above the famous villages of Siusi allo Sciliar and Castelrotto.

### How to get here:

By car:

#### **From Brennero:**

take the Chiusa/Val Gardena exit from the Brennero A22 motorway and continue along the state road in the direction of Bolzano until Ponte Gardena (about 10 km). At Ponte Gardena take the road for the Sciliar plateau /Castelrotto. After about 10 minutes you'll arrive at the junction for Alpe di Siusi. Follow the signs for Alpe di Siusi and from there to the Alpina Dolomites (a total of about 15 minutes). (Distance from the motorway exit to Compatsch/Alpe di Siusi: approx. 24 km.)

#### **From Verona/Bolzano:**

take the Bolzano Nord exit from the Brennero A22 motorway and continue along the state road in the direction of Brennero until Prato Isarco. At Prato Isarco take the road for the Sciliar/Castelrotto /Alpe di Siusi plateau. (Distance from the motorway exit to Compatsch/Alpe di Siusi: approx. 27 km.)

### **IMPORTANT:**

Cars can access the Alpe di Siusi only during the evening and at night (except for departing or arriving guests). The Alpe is connected to Siusi by a modern cableway with automatic hook-up and a regular bus line. Another cableway goes to Ortisei, in Val Gardena.

By train:

With Intercity and international trains to the Bolzano (33 km) or Chiusa (24 km) stations.

By plane:

#### **Nearest airports:**

Verona Valerio Catullo 180 km

Venice Marco Polo 305 km - Milan Linate 330 km - Milan Malpensa 370 km

Innsbruck 120 km - Munich Franz-Josef-Strauss 315 km

<b>ROOMS AND SUITES</b>	60
<b>Rooms</b>	47
29 Superior Dialer and Scilier (approx. 50 m <sup>2</sup> ),	
18 Exclusive Saslong with terrace (approx. 50 m <sup>2</sup> )	
<b>Suites</b>	9
1 Deluxe Suite Alpina with infrared sauna (approx. 150 m <sup>2</sup> ),	
8 Suites Mollignon with infrared sauna (approx. 75 m <sup>2</sup> )	
<b>Chalet Deluxe Suites</b> with terrace (approx. 75-103 m <sup>2</sup> )	4
(located in the Alpina Chalet, adjacent to the main building (50 m) and connected by an underground passageway)	
(3 Chalet Deluxe Suites, 1 Chalet Deluxe Suite for minimum occupancy 4 persons)	

### RESTAURANT & BAR

Mountain Restaurant & Stuben (non smoking)  
 Mountain Lounge & Bar (non smoking)  
 Cigar Lounge

### ALPINA SPA

Indoor panoramic swimming pool 170 m <sup>2</sup>	1
Outdoor panoramic swimming pool 11 x 7 m	1
Finnish sauna	1
Bio-herb sauna	1
Salt bath	1
Aroma bath	1
Relaxation areas with water beds and loungers	2

### ALPINA BEAUTY FARM

#### Offer

Mini-programs, multiple day programs or personalised beauty treatments for Her and for Him:

- Facial and body treatments
- Beauty care treatments
- Ayurveda
- Baths and packs
- Massages
- Alpine Beauty & Wellness

#### Top-quality products of the most qualified brands:

- Sothys Paris
- ALPINA DOLOMITES (our exclusive line)

Coiffeur

Aveda

**SPORT & ACTIVITY**

Fitness program with expert assistance

Aquagym with Aquafitness and Aquajogging

Stretching and relaxation

Gentle gymnastics

Yoga

Fitness area with the most modern Technogym fitness equipment

Introduction to the use of fitness equipment

Nordic Walking

Space Curl

for additional charge

Personal Training

for additional charge

In the summer:

Nordic Walking

Guided mountain hikes

Rental of telescopic walking sticks, rucksacks and hiking maps

Mountain bike rental

Guided mountain bike tours

E-bike rental and guided personalized e-bike excursions (to be paid separately)

St. Vigil Seis Golf Club – 18-hole golf course

Indoor golf simulator

In the winter:

Ski-guiding (ski excursions with our ski instructor)

with small additional charge

Snowshoe hikes with expert guide

**CHILDREN**

Laurino mini-club with a fun-filled and varied activity program from 4–10.00 p.m. (for children 3 years of age and older)

Playroom with lots of games and handicraft corner

Cinema for children

Dinner at the children's table with assistance (on request)

Baby-sitting service available on request and for an additional charge

**OTHER CONVENIENCES AND AMENITIES**

Free parking space in underground garage

Piano bar

Personal ski lockers with ski boot drier

Hiking boots and golf bag storage room with personal lockers

Hotel ski rental and ski service

against payment

Ski-pass service: ski-passes can be purchased at the Alpina Dolomites

against payment

Ski school service: ski course reservation at the hotel during the welcome cocktail

(ski courses against payment)

Info: [marketing@alpinadolomites.it](mailto:marketing@alpinadolomites.it)

**Information:** ALPINA DOLOMITES, Gardena Health Lodge & Spa, Compatsch 62/3, 39040 Alpe di Siusi, Dolomites/South Tyrol, ITALY Tel. + 39 0471 796 004, Fax +39 0471 786 064, Internet: [www.alpinadolomites.it](http://www.alpinadolomites.it), e-mail: [info@alpinadolomites.it](mailto:info@alpinadolomites.it).



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